



PUBLIC HEALTH UPDATE

What's New in Public Health?

HEALTHCOUNTS IN COWLEY COUNTY

The **HealthCounts Survey closes at the end of this month on April 30th**. Now's the time to act and let your voice be heard!

Your feedback is integral to improving health services for the community. This survey covers a variety of important topics like public health, education, and community environment.

Completing the survey will net you \$10 in Chamber Checks, which can be used at any chamber member in Ark City or Winfield! Plus, you'll be **entered into a Monday to Friday daily drawing for an additional \$100 in Chamber Checks!** These drawings will take place every day until the survey closes.

This survey is completely anonymous, available in both English & Spanish, and only takes about 20 minutes to complete.

Use the link below and take the survey today!

RISECowley.org/HealthCounts

HEALTH & SAFETY FAIR

Cowley County's annual Health & Safety Fair is 1 month away! This community favorite returns to Ark City and features both new attractions and some old favorites.

With **over 50 participating organizations**, there will certainly be plenty to see and much to do! Attend this year and you could:

- Learn CPR from the staff of **William Newton Hospital**
- Ride the **K-State Research & Extension Office's** Blender Bike
- Explore emergency vehicles from **Ark City Fire & EMS**
- Check out **EagleMed's** Helicopter

Plus, there'll be a chance for you to win some awesome door prizes and other great freebies! So, save the date and don't miss out!

Saturday, May 18th 9:00 am to 12:00 pm

Agri-Business Building
712 W Washington Ave
Arkansas City, KS 67005

Follow the Health & Safety Fair Facebook page at the link below for all the latest updates!

facebook.com/CowleyCountyHealthFair

YOUR HEALTH MATTERS.
Tu salud importa.

TO TAKE THE SURVEY, GO TO

PARA REALIZAR LA ENCUESTA, VAYA A:

RISECowley.org/HealthCounts

GET \$10 IN CHAMBER CHECKS*

OBTENGA UN VALE DE \$10 PARA GASTAR EN NEGOCIOS LOCALES*

*One per household, while supplies last.
Uno por hogar, hasta agotar existencias.



HEALTHCOUNTS in Cowley County

SEVERE WEATHER PREPAREDNESS

Severe weather can pose an extreme hazard and, with the recent bout of showers & thunderstorms, we want everyone to take the steps to be ready for disaster!

The most important step is to **make a plan!** Planning for a disaster means asking yourself some very important questions:

- *Where would I shelter?*
- *What is my evacuation route?*
- *How would I get in contact with family?*
- *Do I have supplies to last during a power outage?*

Answering these questions is the first step in creating your own plan. But do so **BEFORE** disaster strikes!

Visit ready.gov/plan to take the first steps to creating your emergency preparedness plan!

Remember, the best time to act is **NOW!**



Health and Safety Fair
Cowley County

**Ag Building
Arkansas City**

**Saturday, May 18th
9:00 AM to 12:00 PM**