

PUBLIC HEALTH UPDATE

What's New in Public Health?

Annual Report

Our 2022 Annual Report is finished and ready for you! This report provides an overview of some of our achievements, milestones, and activities last year. Our Annual Report is about celebrating community support and giving the public a look at all the ways we work hard to help you stay well! As with 2021's Annual Report, the 2022 Annual Report will be available in our new online presentation format! Visit our website to access pdf copies of both the full-color and print-friendly versions.



2022 ANNUAL REPORT OF ACTIVITIES
A report of activities and accomplishments of the Joint City-Cowley County Health Department for the year ended December 31, 2022, provided to the elected representatives and citizens of Cowley County, Kansas.

Health Department News & Updates

Employment Opportunities

There are currently several employment opportunities available at the Health Department, including:

- Public Health Registered Nurse
- Healthy Start Home Visitor

Visit our website and click on "Employment Opportunities" to learn more about these positions and to access our online application!

February 20th Office Closure

On Monday, February 20th, both locations of the Health Department will be closed. Normal business hours will resume the following Tuesday, February 21st.

Public Library Data Walks

Both Arkansas City and Winfield Public Libraries will be hosting a self-guided version of the Data Walk. If you did not get the chance to participate earlier, stop by either library to see the data for yourself. Additionally each library will be hosting a weekly Data & Donuts discussion. These sessions will feature meaningful community conversations as well as complimentary coffee and donuts. See the details below:

Arkansas City: Wednesdays at 10:00am
Winfield: Mondays at 10:00am

Data Walk: Cowley County

DEMOGRAPHICS

- Greater proportion of Black and Hispanic populations in Cowley County experience poverty compared to other Kansas counties.
- More than 1/4 of children in poverty in Cowley County live in single-parent households.

POVERTY

- 1 in 4 Cowley County students live with a family member who reports frequent, frequent, or very frequent depression.
- 4 in 10 Cowley County students above report depression.

MENTAL HEALTH

- 1 in 4 Cowley County students live with a family member who reports frequent, frequent, or very frequent depression.
- 4 in 10 Cowley County students above report depression.

HUNGER

- 1 in 4 Cowley County students live with a family member who reports frequent, frequent, or very frequent depression.
- 4 in 10 Cowley County students above report depression.

VAPING / E-CIGS

- 1 in 4 Cowley County students live with a family member who reports frequent, frequent, or very frequent depression.
- 4 in 10 Cowley County students above report depression.

HOUSING

- More than 1/4 of students in Cowley County live with a family member who reports frequent, frequent, or very frequent depression.
- 4 in 10 Cowley County students above report depression.

CHILD CARE

- There are 17,417 children under the age of 18 in Cowley County.
- 1 in 4 Cowley County students live with a family member who reports frequent, frequent, or very frequent depression.
- 4 in 10 Cowley County students above report depression.

SOCIAL DEPRIVATION

- More than 1/4 of students in Cowley County live with a family member who reports frequent, frequent, or very frequent depression.
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Health Department Services

Private Well Water Testing

If you have a private water well, now is the time to get it tested! Our Environmental Health Specialist can help ensure that the water you drink is free from nitrates and harmful bacteria. Call the Health Department to schedule your test today!

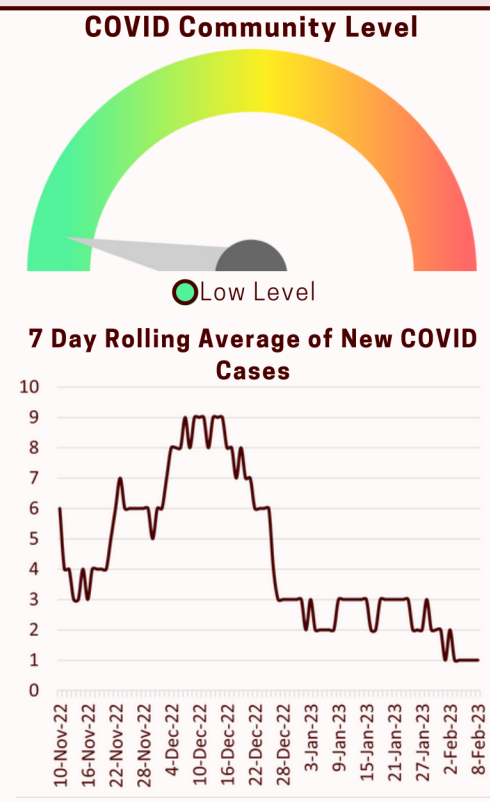
Blood Screenings

February is National Heart Month, and starting February 15th, the Health Department will be resuming blood tests & screenings! Our staff will test your blood and measure the levels of:

- Cholesterol
- Blood Sugar
- Blood Lead
- Hemoglobin

These tests can help ensure that you and your heart stay healthy. Call the Health Department to get your blood screening scheduled today.

COVID Dashboard



Guidance:

The current Community COVID Level is **Low**. We recommend adhering to our usual guidelines for staying safe from illness:

- Stay home if you feel ill. Do not resume normal activities until you have fully recovered.
- If ill, isolate from others to avoid spreading illness.
- If you develop symptoms of illness, get tested to determine if you are infected.
- Wash your hands frequently and use hand sanitizer.
- Clean high touch surfaces (doors, counters, etc.) with disinfecting cleaners.
- If desired, wear a mask that properly covers your nose and mouth while in public.