



# PUBLIC HEALTH UPDATE



## WHAT'S NEW IN PUBLIC HEALTH?

### Halloween Safety Tips

Halloween will be here soon, so here are a few safety tips to help keep your trick-or-treaters safe this year!

#### Costume Safety

- Avoid long costumes that can lead to tripping.
- Avoid masks that can obscure vision.
- Test make-up before applying in case of potential allergies.

#### Street Safety

- Wear bright, reflective costumes or add strips of reflective tape to be more visible to drivers on the road.
- Make sure a responsible adult is accompanying any groups of children.
- Give the kids your undivided attention and don't let anyone wander off alone.

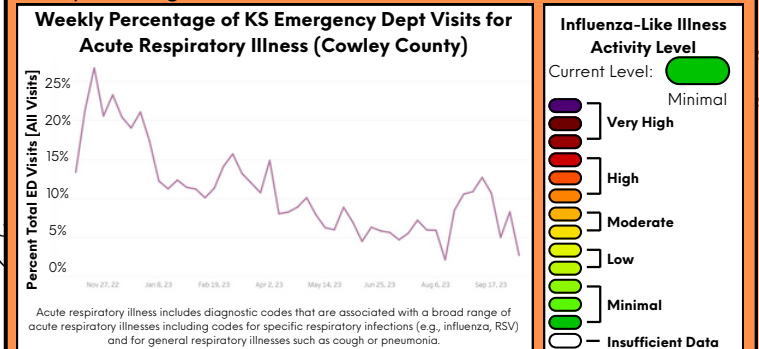
#### Treat Safety

- Don't eat any candy until it has been inspected at home.
- Examine candy wrappers for any signs of damage or tampering. Throw out any candy with torn and broken wrapping or anything that looks suspicious!
- Make sure kids pace themselves! Too much candy can lead to indigestion and general discomfort.



## RESPIRATORY ILLNESS REPORT

October is the beginning of respiratory illness season where we start to see more cases of illnesses like COVID, RSV, and the flu. This section, **the Respiratory Illness Report**, will feature updates on the current illness landscape of Cowley County. So far, cases of respiratory illness are low throughout the county, however, this will likely change at the start of November.



### Flu, COVID, & RSV Immunizations

Immunizations are the best way to stay protected from respiratory illness. We currently have the following immunizations available:

- **Influenza (both standard and high dose)**
- **RSV (60+ population only)**

**COVID boosters** and **Novavax** will be available from the Health Department in the near future. If you would like to be informed when these arrive then **give us a call to be added to our waitlist.**

## Fall Community Baby Shower

Join the Health Department, William Newton Hospital, USD 470, and other community partners **on Saturday, November 4th for a special Community Baby Shower!**

### Community Baby Shower

Saturday, November 4th  
9:00am to 12:00pm

Physicians Pavilion  
1230 E 6th Ave, Winfield, KS 67156



Featuring educational sessions, community resources, snacks, and door prizes, this event is perfect for any new or expecting families. Plus, **attending families will receive 1 FREE professional baby/maternity picture!**

Check out the event Facebook page for all the latest updates!

[facebook.com/CowleyCommunityBabyShower](https://facebook.com/CowleyCommunityBabyShower)