



# PUBLIC HEALTH UPDATE

## What's New in Public Health?



### Fireworks Safety

Independence Day is next week and plenty of folks will be celebrating with BBQs, parties, and, of course, fireworks.

While fireworks are a fun, dazzling way to celebrate the season, remember that they can also be very dangerous! If you plan on lighting up some fireworks, keep these tips in mind and stay safe!

#### Before Using Fireworks

Before you light up the fireworks, here's a few steps you can take to prepare:

#### Be Informed

- Check your local regulations and make sure there are no firework bans in place.
- Check the weather forecast and avoid lighting fireworks during fire weather conditions (e.g., high winds and dry).

#### Pick the Right Spot

- Only use fireworks on open, flat, inflammable, & sturdy spaces.
- Only light fireworks away from people, homes, and flammable material.

#### Plan for Fires

- Keep a bucket of water, water hose, or fire extinguisher handy in case a fire breaks out.

#### Using Fireworks Safely

When you light up your fireworks, use the best practices to stay safe, such as:

#### Get Moving

- Always maintain a safe distance from lit fireworks and move away quickly once lit.

#### Pace Yourself

- Only light one firework at a time. Lighting multiple fireworks at once increases the likelihood of injury.

#### Supervise Your Kids

- Never let children light fireworks unsupervised. Even sparklers can cause serious injuries.

#### Properly Dispose of Fireworks

- Put any spent fireworks in a bucket of water to ensure that they are completely extinguished.



### Health Department Podcast Episode 2

The second episode of our new podcast **For The Health Of It: Cowley County** premieres next Wednesday, July 5th!

This episode features host Tom Langer and guest, Director of Nursing, Karen Sattler in the studio discussing the upcoming Back to School

season and what parents need to do to get their kids ready. Check it out on your favorite podcast platform and learn more about how we work every day to help keep you well!

If you're interested in learning about a particular topic, then let us know by checking the link below:

[survey.alchemer.com/s3/7394023/For-The-Health-Of-It-Survey](https://survey.alchemer.com/s3/7394023/For-The-Health-Of-It-Survey)



### 4th of July Closure

On Monday, July 3rd and Tuesday, July 4th, both locations of the Health Department will be closed for Independence Day. Our normal business hours will resume next Wednesday, July 5th.

### July 19th Ark City Vaccine Clinic

On Wednesday, July 19th, the Health Department will be hosting a special Back to School Vaccine Clinic at our Ark City location from 8:00am to 6:00pm.

The new school year will be here before you know it, so get your child's immunizations administered early!

Plus, this clinic will feature prizes & giveaways all day!

Spots are limited, so give us a call and make an appointment today - **(620) 442 3260**