



WHAT'S NEW IN PUBLIC HEALTH

Walnut Valley Festival

Winfield's annual music festival returns next week! Workshops begin on Wednesday, September 14th, and the music starts the Thursday September 15th. If you're planning on attending this year, be sure to pay us a visit at the Winfield Fairgrounds. We'll be present giving out flu shots, COVID tests, and more. Check our hours below:

September 12 - 15: 10:30AM - 12:00PM

September 16: 1:00PM - 2:30PM

We will also have some **exclusive Walnut Valley Festival prizes** that you could win by participating in activities in our Mobile App!

Don't miss out! Download our app today by scanning the QR Code!



For more information about Walnut Valley Festival, visit wvfest.com



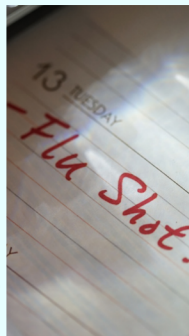
World First Aid Day

Tomorrow, September 10th, is World First Aid Day! This day raises awareness of how first aid can save lives. First aid is defined as giving aid to a sick or injured person until full medical treatment is available. It includes CPR, the Heimlich maneuver, and basic wound treatment. Since many injured or sick people cannot access full medical treatment immediately, first aid can often be the difference between life and death. Taking the time to attend basic first aid and CPR courses can help ensure that you are ready to respond and potentially save a life! To find first aid classes near you or online courses, visit redcross.org/take-a-class today!



Flu Shots

Flu season is nearly here and the best way to protect yourself is to get your flu shot! Starting next Monday, September 12th, the Health Department will have flu shots available for you. Getting your flu shot will help keep you and your family safe from the flu. Don't delay, get your flu shot scheduled today!



National Suicide Prevention Month

September is National Suicide Prevention Month, a month dedicated to raising awareness about the issue of suicide. This month we want to highlight the work of two Cowley County organizations working to address this issue within the community: *Suicide Prevention of Cowley County* (SPoCC) and *the Cowley Affinity Project* (CAP).

These two organizations bring projects, funding, and resources to Cowley County. Just recently, SPoCC brought Hope Squad, a suicide prevention program, to schools within the community! To learn more about these two organizations, check the links below.

Suicide Prevention of Cowley County:
facebook.com/SuicidePreventionCowleyCounty

The Cowley Affinity Project:
facebook.com/CowleyAP

COVID & ILLNESS DATA

COVID cases continue to rise within the community. August ended with a total case count of 526. September has seen 126 cases as of Wednesday, September 7th. The Health Department will soon acquire updated bivalent COVID boosters that will be available for anyone wishing to receive a booster shot.

Month to month new case information

New Cases	2021	2022
Month	2021	2022
January	828	2675
February	304	321
March	90	61
April	47	44
May	59	112
June	28	174
July	153	528
August	488	526
September	592	126
October	386	
November	606	
December	653	
TOTAL	4159	4567

These will provide better protection against the predominant variants within the community. We encourage everyone to take the necessary precautions in order to halt the spread of illness. If you are feeling ill, please stay home and recover fully before you engage in normal activities. With these precautions, we can all help to protect each other keep the community happy and healthy.

Comparison of previous year, 2021, with current year to date

Year Total	2021	2022
Total Cases	4159	4567
% of cases	100%	110%

FEELING SICK?

If you do become ill, please do not participate in any group events until after you have fully recovered from your illness. For as long as the pandemic persists Cowley County residents are advised to take all necessary precautions to prevent the contraction and spread of ANY illness.

- Stay home if you feel ill.
- If you develop symptoms of illness, be tested to determine if you are infected.
- Wash your hands frequently and use hand sanitizer.
- Clean high touch surfaces with disinfecting cleaners (doors, counters etc.).
- Wear a mask that properly covers your nose and mouth while in public.
- When ill stay home and isolate from others so you will not spread illness.