



Feeling Sick?

If you do become ill, please do not participate in any group events until after you have fully recovered from your illness. For as long as the pandemic persists Cowley County residents are advised to take all necessary precautions to prevent the contraction and spread of ANY illness.

- Stay home if you feel ill.
- If you develop symptoms of illness, be tested to determine if you are infected.
- Wash your hands frequently and use hand sanitizer.
- Clean high touch surfaces with disinfecting cleaners (doors, counters etc.).
- Wear a mask that properly covers your nose and mouth while in public.
- When ill stay home and isolate from others so you will not spread illness.

COVID & Illness Data

COVID cases continue to rise within the community. The month of August has seen 472 cases so far. This continued rise in cases can be attributed to the presence of the

Month to month new case information

New Cases	2021	*=month to date
Month	2021	2022
January	828	2675
February	304	321
March	90	61
April	47	44
May	59	112
June	28	174
July	153	528
August	488	472*
September	592	
October	386	
November	606	
December	653	
TOTAL	4159	4387

Omicron B.5 variant. With its shorter incubation period and ability to skirt existing immune system response, it has continued to spread throughout the community. If you are ill, please stay home until fully recovered. We recommend mask-wearing and social distancing as appropriate in order to prevent further illness. By application of the best practices, we can all help to protect our fellow citizens.

Comparison of previous year, 2021, with current year to date

Year Total	2021	2022
Total Cases	4159	4387
% of cases	100%	105%

What's New in Public Health? World Photography Day Contest Winner

In our last *Public Health Update*, we announced our World Photography Day Contest. We asked for your best snapshots from around Cowley County to pick a new photo for our mobile app's home screen, and we have picked a winner!

Congratulations to Jessica, who has won our contest! Jessica's photo will soon be part of the Health Department Mobile App.

National Preparedness Month

September is National Preparedness Month! Join us on Facebook and Twitter as we highlight some ways you and your family can be prepared this fall! Just look for the **#KSPrepared** hashtag to learn how you can stay prepared!

Some topics we will cover include home fire safety, pet preparedness, and cold & flu season.



Walnut Valley Festival

Winfield's Walnut Valley Festival will be here in less than 3 weeks! The Health Department will also be present at the festival this year! We'll have more information on our next *Public Health Update*. Walnut Valley Festival will be September 14-18. Visit wvfest.com for more information.

Flu Shots

Flu season is just around the corner and the best way to help protect yourself and prevent sickness is to get your flu shot.

In mid-September, the Health Department will offer flu shots at both of our office locations with no appointment necessary. Most health insurance plans will cover flu shots as well! Be sure to get your flu shot from the Health Department in mid-September. Stay tuned for more details!



Health Department Program Highlight: Environmental Health

The Health Department's Environmental Health Department plays a pivotal role in protecting the health of the community. One of the key services that we provide is the inspection of wastewater and septic systems. By ensuring that these systems are properly installed, the Health Department's Environmental Health Officer helps to protect water quality and sanitation within the community.



Health Department Mobile App

Request appointments, keep up with the latest public health news and updates, and more with our Mobile App! Scan the QR code or search for "City-Cowley County Health Department" in the Apple or Google Play store and download the app today!