

# PUBLIC HEALTH UPDATE

## What's New in Public Health

### **National Nurses Week (May 6-12)**

National Nurses Week focuses on recognizing and appreciating the contributions of nurses across the country. Whether in hospitals, schools, laboratories, health departments, or anywhere else, nurses deserve our gratitude and appreciation for the compassionate care and hard work they provide! Join us on social media as we highlight some of our public health nurses and the work they do to keep us healthy and safe!

### **#KSPrepared - Summer Preparedness Month**

From heatstroke to insect bites to floods and tornados, summer brings its fair share of danger along with warmer temperatures! That's why May is Summer Preparedness Month here at the Health Department, where we will be highlighting some important summer preparedness topics. Follow along on social media and make sure your summer is fun and safe!

### **National Women's Health Week (May 8-15)**

National Women's Health Week starts each year on Mother's Day to encourage women and girls to make their health a priority. Going to the doctor for regular check-ups, eating a healthy and balanced diet, or getting active are just some of the ways you can improve your mental and physical health today! Visit [cdc.gov/women/nwhw](https://cdc.gov/women/nwhw) for more information!

### **Early Detection Works (EDW)**

Part of staying healthy is regular screenings for cancer. Breast and cervical cancer are two of the most common cancers that affect Kansas women. The EDW Program pays for breast and cervical cancer screenings for uninsured or under-insured women. Call the Health Department today to get your screening scheduled: (620) 221-1430

### **Health & Safety Fair**

The Health and Safety Fair draws near! Pre-K Preview, Door Prizes, a Live Broadcast from 1025 The River, the Vehicle Petting Zoo and more at this year's fair. Mark the date on your calendar and attend this year to win one of many awesome prizes! Follow us on Facebook and Twitter as we highlight many of the awesome sponsors and prizes!

The Health & Safety Fair will be held at the Agri-Business Building in Arkansas City on Saturday June 4th, from 9:00am to 12:00pm.

For more information or to participate in the Health & Safety Fair, email [dvildasole@cowleycountyks.gov](mailto:dvildasole@cowleycountyks.gov)

## Feeling Sick?

If you do become ill, please do not participate in any group events until after you have fully recovered from your illness. For as long as the pandemic persists Cowley County residents are advised to take all necessary precautions to prevent the contraction and spread of ANY illness.

- Stay home if you feel ill.
- If you develop symptoms of illness, be tested to determine if you are infected.
- Wash your hands frequently and use hand sanitizer.
- Clean high touch surfaces with disinfecting cleaners (doors, counters etc.).
- Wear a mask that properly covers your nose and mouth while in public.
- When ill stay home and isolate from others so you will not spread illness.



## Health Department Program Highlight

### **Childcare Facility Licensing**

The Childcare Facility Licensing Program ensures that the places that take care of your children are healthy and safe! Our trained surveyor inspects facilities within the county to protect the health and wellbeing of our children.

### **May 6 - Childcare Provider Appreciation Day**

Today we extend our appreciation to childcare providers and the work they do to keep our children safe! Visit [ccpcofks.com/provider-appreciation](https://ccpcofks.com/provider-appreciation) for ideas on how you can show your appreciation!

### **Interested in becoming a childcare provider?**

Like working from home? Being your own boss? Working with children? Contact the Health Department at (620) 221-1430 for more information on becoming a provider today!

## COVID & Illness Data

While the month of April showed generally lower rates of COVID cases, the final 10 days of the month showed a distinct increase. The final total for the month being 44.

May, so far, has shown an upward trend in COVID cases with 24 reported in the first 6 days. Though we might not be seeing the case numbers we saw in January, it is clear that COVID is not over. The situation is still ongoing and we advise everyone to take every precaution to avoid catching or spreading disease within the community.

Comparison of previous year, 2021, with current year to date

Year Total	2021	2022
Total Cases	4159	3125
% of cases	100%	75%

Month to month new case information

New Cases	2021	**month to date
Month	2021	2022
January	828	2675
February	304	321
March	90	61
April	47	44
May	59	24*
June	28	
July	153	
August	488	
September	592	
October	386	
November	606	
December	653	
TOTAL	4159	3125