# PUBLIC HEALTH UPDATE

# What's New in Public Health?

#### DRIVE-THRU FLU CLINICS

Flu season is just over the horizon and the best way to stay safe is by getting your yearly flu shot! If you're looking for an opportunity to get your flu shot, then check out our upcoming flu clinics!

October 8 | 10:00am - 5:00pm

Ark City Ag Building - 712 W Washington Ave

October 15 | 10:00am - 5:00pm

Winfield Fairgrounds Barn 4 - 1105 W 9th Ave

November 10 | 2:00pm - 4:00pm

Behind the Winfield Health Department - 320 E 9<sup>th</sup> Ave

There's no appointment necessary, just bring your ID & insurance card! Drive in, fill out some paperwork, get your shot, & you're all set!

### SIDS AWARENESS MONTH

SIDS, or sudden infant death syndrome, is a tragedy that can strike any family. But, there are certain choices and precautions that all parents can take to keep their newborns safe from SIDS.

The Health Department's Maternal & Child Health Home Visiting program works to lower the incidence of SIDS by connecting families with educational resources and support. Our Home Visitor is a certified Safe Sleep instructor who can answer your questions!

To learn more, visit SafeSleepKansas.org and give the Health Department a call today at (620) 221-1430!

#### **NEW PODCAST EPISODES**

Be sure to check out the latest episodes of our podcast, where Tom & Ally sit down with various community partners to discuss important public health topics!

Check the links below to listen on YouTube, or listen on your favorite podcast platform!

RISE Cowley: youtu.be/xfJU2d63BE8
Retainworks: youtu.be/A8eqvselGVA

If you're interested in hearing about particular topics,

let us know by visiting the link below:

survey.alchemer.com/s3/7394023/For-The-Health-Of-It-Survey



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## **RESPIRATORY ILLNESS IMMUNIZATIONS**

Respiratory illness season is here and the best protection you can get is through immunizations!

Flu, RSV, & COVID shots are now available at the Health Department!

After a shot, it can take up to 2 weeks to develop full protection, so make sure you get your shots before respiratory illness season is in full swing.

Give us a call and schedule an appointment today!

Ark City: (620) 442-3260 Winfield: (620) 221-1430