



PUBLIC HEALTH UPDATE

What's New in Public Health?

NATIONAL NURSES WEEK

National Nurses Week starts next Monday! Celebrated for over 40 years, this a special time **to show appreciation for nurses and the vital work they do in serving the community!**

Join us next week, as we highlight our own Public Health Nurses and the exceptional & compassionate care that they provide!

Remember to show appreciation for a nurse in your life next week!

If you're looking for gift ideas, visit

nurse.org/articles/best-nurse-gifts

Also, check out the great deals and freebies for nurses at the links below:

nurse.org/articles/free-nurse-week-giveaways

healthjob.org/healthcare-worker-freebies-and-deals

thekrazycouponlady.com/tips/money/national-nurses-day-freebies-deals

HEALTH & SAFETY FAIR

The Health & Safety Fair is just a couple of weeks away! This community favorite returns to **Ark City on Saturday May 18th from 9:00 AM to 12:00 PM** and features both new attractions and old favorites.

With over 50 participating organizations, there will certainly be plenty to see and much to do!

Attend this year and you can:

- **Learn CPR from the staff of William Newton Hospital**
- **Ride the K-State R&E Blender Bike**
- **Explore emergency vehicles from Ark City Fire & EMS**
- **Check out EagleMed's Helicopter**

Plus, there'll be a chance for you to **win some awesome door prizes and other great freebies!** So, save the date and stop by the Ag Building on May 18th!

Follow the Health & Safety Fair Facebook page at the link below for all the latest updates!

facebook.com/CowleyCountyHealthFair

 **Health and Safety Fair**
Cowley County



WOMEN'S HEALTH WEEK

National Women's Health Week begins in a couple of weeks and serves as an opportunity to **encourage all women to prioritize their health.**

Prioritizing health means engaging with regular preventative care and making the right decisions to improve health and quality of life.

The Health Department provides several services and programs aimed at optimizing the health of women, including:

- **Immunizations**
- **Regular Check-Ups & Screenings**
- **Women, Infants, & Children Program**
- **Healthy Start Home Visiting**
- **Reproductive Health Services**

If any of these services interest you, **give us a call and set your appointment today!** For more information about Women's Health Week, visit womenshealth.gov