

Public Health Update

What's New in Public Health?

FARMERS MARKET WEEK

Farmers Market Week is coming up soon, so be sure to stop by your local market to shop for fresh produce & support your local farmers!

Check out the details below and visit their Facebook pages to learn more!

Ark City

Ark City Farm & Art Market Wilson Park - 701 N Summit St. Tuesdays | 5:00 PM - 7:00 PM

 $face book.com/Arkans as {\bf CityFarmAndArtMarket}$

Winfield

Walnut Valley Farmers Market Island Park - 200 Main St. Saturdays | 8:00 AM - 11:00 AM facebook.com/WalnutValleyFarmersMarket

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NEW PODCAST EPISODES

Don't forget to check out the latest episodes of **For The Health Of It** and learn more about the work of some of our amazing community partners:

Episode 6 - K-State Research & Extension Office

Check this one out to learn more about our local Farmers Markets, nutrition, food preservation, and more!

Episode 7 - NAMI

This episode features a dive into mental health and the resources available in Cowley County.

You can find our podcast on all major podcast platforms, or visit the link below to access a playlist featuring every episode:

youtube.com/playlist?list=PLzIaPN6L1F-16PD1XvZ9VxvnzuiiGBmn3













WORLD PHOTO DAY CONTEST

Send us your best snaps from around Cowley County & you could win a prize! Plus, your photo will be featured on the cover of our annual report & in our mobile app!

The contest ends on August 30th & the winner will be announced on September 2nd.

Use the link below to submit your pics:

survey.alchemer.com/s3/6981960/Mobile-App-Photo-Submission

BACK TO SCHOOL MONTH

Back to School Month starts next week! While summer's not over yet, the new school year will be here before you know it!

So, why not get your child's immunizations and check-up done early?

We offer the full schedule of vaccines and can administer your child's yearly check-up too!

Give us a call and set your appointment today!