

320 E. 9th Suite B
Winfield, KS 67156
Phone: (620) 221-1430
Fax: (620) 221-0389



City-Cowley County
Health Department

115 E. Radio Lane
Arkansas City, KS 67005
Phone: (620) 442-3260
Fax: (620) 442-1759

Contact: Thomas Langer
Cowley County Public Health Officer
Health Department Administrator
620-221-1430; 785-554-7226
Email: tlanger@cowleycounty.org

FOR IMMEDIATE RELEASE
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CDC Releases Shortened Recommendations for Isolation and Quarantine.

On December 27, 2021 the Centers for Disease Control and Prevention released new guidance to the nation.

The guidance is designed to address the new wave of COVID-19 infections that is being caused by the latest Omicron variant. The new guidance shortens the 10-day isolation and quarantine period which has been in place since the Spring of 2021 to a new 5-day period followed by an additional 5-day period of mask wearing for effected individuals.

“The new guidance follows the same pattern as previous guidance policy from the CDC in that it is not clear cut nor is it easy to follow,” said Thomas Langer Cowley County Public Health Officer. “Once again the CDC has tried to develop a one size fits all remedy for a problem that is not well defined and not truly effecting Cowley County as of today. We currently have COVID cases in the community and the defined protocols to stop the transmission of illness have been working well.”

There has been no official guidance from the State Health Public Health Department as of this time. Since this guidance is subject to the approval of state and local public health officers the current protocols being used will remain in place.

“In Cowley County more than seventy five percent (75%) of our residents have chosen to not wear a mask to prevent illness transmission. To change policy once again and require masks to be worn will be exceptionally hard to accomplish. The protocol of remaining home while ill, being tested to confirm if you have COVID-19 and then taking the time to recover before a return to activity has been working.”

The local public health officer will review the information that will continue to come down from the CDC and KDHE but for now Cowley County will continue following the guidelines that are already in place.

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