

Cowley County Infectious Disease Isolation Guidance

The guidelines aim to mitigate the spread of infectious diseases in Cowley County. This information is evidence-informed and developed from guidelines offered by the Center for Disease Control and Prevention (CDC), Kansas Department of Health and Environment (KDHE), and local illness and recovery data.

These guidelines are subject to change and will be amended as necessary by the Cowley County Public Health Officer. Some situations may result in the issuance of an Isolation Order by the Public Health Officer. All Isolation Orders will be issued to a specific individual as a public health protective measure. Each order will include an issuance and termination date.

To mitigate illness, local agencies/groups/persons should adopt the following as a standard operating guide:

- Ill persons should stay away from others.
- Ill persons should get tested for respiratory illness.
- Ill persons who receive a positive test result should isolate away from others for the recommended time in Table 1.1.
 - 'Day One' of isolation is the symptom onset date OR the date of the first positive specimen.
- Ill persons who recover more quickly than the isolation recommendations for their given illness should be retested with an antigen test and receive a negative result before terminating isolation practices.

TABLE 1.1			
Infectious Disease	Incubation Period	Contagion Period	Isolation Recommendation
COVID-19	~2-3 days	~5-7 days	10 days
Influenza A & B	~2-3 days	~5-7 days	10 days

TABLE 1.1: *These recommendations do not apply to immunocompromised persons.*

Qualified City-Cowley County Health Department staff can assist the public by answering illness-specific questions, providing situation-specific guidance, and offering testing options for those experiencing illness or being exposed to someone with a confirmed infection.