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ALCOHOL AND DRUG ABUSE

Abuso de alcohol y drogas

Al Anon First Baptist Church 200 East 11 th Winfield, KS 67156	620-221-4680	Al-anon.org	Support group for persons with a loved one whose drinking problem causes you problems. Meets Mondays at 7:30 p.m. (Use South double doors)
Al Anon Helpline 627 South 1 st Arkansas City, KS 67005	620-442-5880		Friendship and education for families of alcoholics through group meetings. Call for dates and times.
Alcoholic Anonymous	620-221-2388	kansas-aa.org	Daily meetings; day and evening meetings. Call for

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304 N Soward Winfield, KS 67156			dates and times.
Alcoholic Anonymous Arkansas City	620-660-0026 or 620-660-9736	kansas-aa.org	Daily meetings; day and evening meetings. Call for dates and times.
Chestnut House AA & NA 812 W Chestnut Arkansas City, KS 67005	----	na.org	Friendship and education for families of drug addicts. Visit na.org for dates and times of group meetings.
Narcotics Anonymous Gracepointe Assembly of God 902 E 7 th Winfield, KS 67156	620-221-1064	na.org	Non profit fellowship of men and women for whom drugs had become a major problem.
Drug and Alcohol SACK-Substance Abuse Center Of Kansas	620-221-6400 Extension 251 or 316-267-3825	saack.org	SACK is a non-profit organization specializing in the prevention, treatment and case management of individuals affected by substance abuse.
Kansas Tobacco Quitline	866-526-7867	Quitnow.net/kansas	Helps tobacco users create an easy to follow quitting plan.
Preferred Family Health 2720 E 12 th St Winfield KS 67156	620-221-6252	pfh.org	PFH is a comprehensive behavioral health non-profit organization providing substance abuse treatment, prevention and mental health services.
CHILD CARE <i>Cuidado de niños</i>			
Child Care Licensing and Registration 1000 SW Jackson, Suite 200 Topeka, KS 66612-1274	785-296-1270	Kdheks.gov/bcclr/	FAX: 785-296-0803 Email contact: cclr@kdheks.gov
Child Care Aware	1-877-678-2548	http://childcareaware.org/sta	Resource and Referral Agency for Child Care

		te/kansas/	
City-Cowley County Health Department 320 E 9 th , Suite B Winfield, KS 67156	(620) 442-3260 ext. 5584 (620) 221-1430 ext. 5581	http://www.cowleycounty.org/health	Call and ask for more information about Child Care Licensing.
Kansas Department of Children and Family Services 122 West 19th Winfield, KS 67156	620-221-6400 888-369-4777	www.dcf.ks.gov	Cash Assistance (TANF), Income based child care, Child Support Services, Food Assistance Program , Family Preservation, Vocational Rehabilitation, Prevention and Protection Services for adult and youth.
CHILDREN'S SERVICES <i>Servicios para niños</i>			
Big Brothers-Big Sisters of Cowley County 103 E. 9 th Suite 316 Winfield, KS 67156	620-221-7766	kansasbigs.org	Mentoring program for children, ages 5-18.
City-Cowley County Health Department 320 E 9 th , Suite B Winfield, KS 67156	(620) 442-3260 ext. 5551 (620) 221-1430 ext. 5551	cowleycounty.org/health	Call for information.
Family Life Services 305 S Summit Arkansas City, KS 67005	620-442-1688	flsonline.net	Healthy Beginnings: Counseling; Licensed Adoption Agency; Diapers on emergency basis; Parenting classes; baby clothes; Maternity clothing. Call for information.
Cowley County Head Start	620-442-2075	http://headstartprograms.org	Accepts children between the ages of 3 and 4.

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1201 N 10th St Arkansas City, KS 67005	620-221-7314	/detail/usd_470_cowley_county_head_starkansas_city_ks.html	Waiting. A national program for children that serves income eligible families. Call for information. Sites in Arkansas City, Burden and Winfield
Cowley County Special Services Co-op / PALS Program USD #470 Arkansas City, KS 67005	620-441-2078	http://www.usd465.com/apps/pages/index.jsp?type=d&UR_EC_ID=287109&pREC_ID=659251	Call for more information on this program for children and families.
Cowley County Special Services Co-op / PALS Program USD #465 Winfield, KS 67156	620-221-5100	http://www.usd465.com/apps/pages/index.jsp?type=d&UR_EC_ID=287109&pREC_ID=659251	Call for more information on this program for children and families.
REACH – tiny K 800 Main Street, Suite 304 Winfield, KS 67156	620-229-8304	http://reachtiny-k.webs.com	Early intervention with infants and toddlers to age 3.
CLOTHING ASSISTANCE <i>Asistencia de ropa</i>			
Angels in the Attic 109 S Summit Arkansas City, KS 67005	Case Management 620-446-5272 Store 620-506-5090	https://www.facebook.com/Angels-in-the-Attic-Inc-1485332365105174/	Call for information.
Eagle Nest, Inc. 112 East 9 th Winfield, KS 67156	620-229-8282	http://www.eaglenestinc.org	Used clothing and accessories. Help especially for women. Budgeting and life management classes. Call for information.
ECCRC (Eastern Cowley County Resource Center)			Service list includes: Community Food Bank, Thanksgiving Food boxes, Coats & Winter Clothing, Literacy Programs,

PO Box 40, 107 S Main Dexter, KS. 67038.			Assistance with High School Completion & College entrance (Educational assessments), LIEAP & other benefit assistance, a \$500 College annual scholarship to Cowley College, after-school and summer children's programs, and a Community Garden.
Goodwill 1908 E 9th Winfield, KS 67156	620-229-9452	http://goodwillks.org	Used clothing, house wares, furniture and miscellaneous for sale.
Joseph's Storehouse 424 North Main Burden, KS 67019	620-438-2497		Used clothing and accessories. Call for information.
Love Store 214 W 9th Street Winfield, KS	620-221-7762	Open by appointment only.	The <i>Love Store</i> is a clothing ministry outreach of Crossroads, led by DeeDee Stoll that provides free clothing to people in need. To receive clothing: please make an appointment by calling 620-221-7762.
Winfield Thrift Store 122 E 5th Winfield, KS 67156	620-221-1566	https://www.facebook.com/WinfieldThriftStore/	Used clothing, house wares and miscellaneous for sale. Need a voucher from another agency to receive free clothes. Open 10:00 a.m. to 4:00 p.m. Monday thru Saturday.
COUNSELING SERVICES <i>Servicios de Asesoramiento</i>			
Branches of Life 800 Main Street, Suite 209 Winfield, KS 67156	620-222-2525		Sharon Shepard
Four County Mental Health Center 22214 D Street Strother Field	620-221-9664 620-442-4540	http://www.fourcounty.com	Counseling services charged by sliding scale based on income. Numerous options for Mental Health.

Winfield, KS 67156			
Mind Matters	316-516-0968 Mary 620-218-9546 Bryan		Education, support, advocacy, outreach, liaison group meets 6 pm on Mondays at Physicians Pavilion, 1230 E 6th, Winfield KS in lower level conference room. Join the group as they venture into the brain and explore its vast nature. Neuroplasticity helps participants change their brains. (neuro = working brain; plasticity = to change)
New Perspectives 1809 Main Street Winfield, KS 67156	620-402-6939	https://www.newperspectivecounselingcenter.net	Professional marriage, family, teen, and child counseling services. Option of sliding scale based on income. Numerous options for Mental Health. Staff members include: Tobe Schneider, Brent Tolson, Jennifer Joseph, Cheryl Tan, Kathy Schwinghammer, Nakita Wright, Kristen Stitt
DENTAL CARE <i>Cuidado dental</i>			
Affordable Dentures (formerly Central Dental Center) 4805 W Central Wichita, KS 67212	316-945-9845	http://www.affordabledentures.com/office/wichita	Pull teeth, make dentures. Accept cash, credit cards or checks. Call for information.
Easter Seals Capper Foundation (ESCF) Dental Clinic 1500 E 8 th , Suite 201 Winfield, KS 67156	620-221-1119	http://www.easterseals.com/connect-locally/service-center-locations/capper-foundation-winfield.html	Accepts private pay and KanCare plans for dental and medical. Clinic is a specialty clinic for individuals with I/DD ONLY.
Grace Medical Clinic 1122 N Topeka	316-866-2001	http://gracemed.org	Dental and medical care. Call for information.

Wichita, KS 67214			
Guadalupe Clinic Wichita, KS	316-264-8974	http://catholicdioceseofwichita.org/guadalupe-clinic	Call for information.
Hunter Health Clinic 2318 E Central Wichita, KS	316-262-2415	http://hunterhealthclinic.org	Direct primary health care which provides medical and dental services. Accepts medical card. Call for more information and to schedule appointments.
Newkirk Dental Center 327 West South Street Newkirk, OK 74647	580-362-2600	http://newkirkdentalcenter.com	Call for estimate. If payment is paid in full 10 days prior to appointment will receive 8% discount. Senior citizens receive 20% discount; Military and Clergy receive 25% discount.
E.C. Tyree Health & Dental Clinic 525 North Lorraine, Wichita, KS 67214 Lower level of Saint Mark United Methodist Church	316-681-2545	http://www.tyreeclinic.com	E.C. Tyree Health & Dental Clinic is a premiere health & wellness ministry of Saint Mark United Methodist Church. Call for information.
DISABILITY SERVICES <i>Servicios para Discapacitados</i>			
Aging and Disability Resource Center (ADRC) South Central ADRC is housed at the South Central Kansas Area Agency on Aging	620-221-5404 620-442-4504 1-855-200-ADRC (1-855-200-2372)	https://www.kdads.ks.gov/commissions/commission-on-aging/aging-and-disability-resource-centers	Information about the long-term supports and services available in Kansas. ADRC is the single entry point for older adults and persons with disabilities (PD, TBI, HI, Frail Elderly) to connect with local experts who can help them choose a long-term care option. The CDDO (see information below) continues to be

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304 S Summit Street Arkansas City KS 67005		http://www.sckaaa.org	the single point of entry and access to services for individuals with Intellectual/Developmental Disabilities (IDD).
Easter Seals Capper Foundation 1500 E 8th, Suite 201 Winfield, KS 67156	620-221-1119	http://www.easterseals.com/connect-locally/service-center-locations/capper-foundation-winfield.htm	Provides day, residential and case management services for individuals with developmental/intellectual disabilities in Cowley and Butler Counties.
Cowley County Community Developmental Disability Organization (CDDO) Cowley County Courthouse 311 E 9 th Winfield, KS 67156	620-221-5404 620-441-4504	http://www.cowleycounty.org/cddo	The Cowley County CDDO is a department of the county and serves as the single point of entry for anyone needing or inquiring about services for individuals in Cowley County with an Intellectual/Developmental Disability or MR/DD. The CDDO determines I/DD eligibility according to State guidelines and eligibility for HCBS services through a basic assessment and presents provider choices to those who are determined eligible.
Mosaic 2120 E 9th Ave Winfield, KS 67156	620-229-8702	www.facebook.com/MosaicinWinfield	
Resource Center for Independent Living (RCIL)	1-800-580-7245 316-322-7853	http://rcilinc.org	Assistance for persons with disabilities. Variety of services. Call for information.
Social Security Administration Wichita Social Security Office 3216 N CYPRESS ST WICHITA, KS 67226	1-800-772-1213	https://www.ssa.gov	Call for application and information.

DISASTER ASSISTANCE <i>Asistencia en caso de desastre</i>			
American Red Cross Central and SE Kansas (316) 219-4000 1900 E. Douglas Wichita , KS 67214	316-219-4000	http://www.redcross.org	Emergency help due to disaster, fire, flood or explosion.
<p>Cowley County Emergency Management</p> <p>Mission: To save lives, protect property, and reduce the impacts of disasters through the mitigation, preparedness, response and recovery phases of Emergency Management.</p> <p>Emergency Management is willing and able to assist agencies with emergency planning, by providing some direction and input for plans. We will assist by reviewing your plans, doing safety/weather presentations, or by providing co-training to staff for emergency situations.</p> <p>Contacts: Phone: (620) 221-0470 or (620) 441-4569 Email: emergencymanagement@cowleycounty.org Brian Stone, Director – bstone@cowleycounty.org John Stradal, Assistant Coordinator – jstradal@cowleycounty.org Taylor Dory, Volunteer Coordinator - tdory@cowleycounty.org Jason Kazban, EM Specialist - jkazban@cowleycounty.org</p> <p>Cowley County Emergency Auxiliary (CCEA) An organization that consists of trained, dependable volunteers who assist, to the best of their ability, in protecting and preserving the life, limb and property of the citizens of Cowley County, Kansas, during times of natural and man-made disasters (typically known as the Storm Spotters for the County).</p> <p>Community Emergency Response Teams (CERT)</p>			

Trained citizens who are able to respond to disasters and emergencies by taking care of themselves, their families, their neighbors and then their communities. These members receive a free 24-hour FEMA-approved training course delivered at the local level by local volunteers and emergency responders.

County Animal Response Teams (CART)

Trained citizens that will assist with the planning efforts and potentially some response efforts involving animals (domestic and farm) in Cowley County.

Radio Amateur Civil Emergency Services (RACES)

The purpose of RACES is to provide communications to back up other existing communication systems, and to establish additional communication links as required to carry out the Emergency Management mission. RACES will provide communications where required and as assigned by the State or County Emergency Management Director to assist in accomplishing the following:

- (1) Movement of public to shelters
- (2) Communications from shelters to the County Emergency Operations Center (EOC).
- (3) Communication between shelters within the county.
- (4) Communications from the County EOC to the Regional Network and other counties.
- (5) Communications from the County EOC to other towns or key points located within the county, including but not limited to law enforcement, fire, hospitals, National Weather Service, etc.
- (6) Fixed and mobile communications to support other county emergency management services as assigned by the County Emergency Management Director, such as storm spotters, transportation, search and rescue, etc.

DOMESTIC VIOLENCE SUPPORT
Apoyo a la Violencia Doméstica

<p>Four County Mental Health Center 22214 D Street, Strother Field Winfield, KS 67156</p>	<p>620-221-9664 620-442-4540</p>	<p>http://www.fourcounty.com</p>	<p>Counseling services charged by a sliding scale based on income.</p>
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<p>SAFE Project DCF, Winfield Service Center 122 W. 19th Avenue Winfield, KS 67156</p> <p>PO Box 3759 Wichita, KS 67201</p>	<p>Project Coordinator's direct 620-221-6400 Ext. 330</p> <p>316-263-6000 for HH 24 hour crisis line for shelter 1-866-899-5522</p>		<p>Voluntary program to improve the safety and employability of domestic violence and sexual assault survivors who are currently receiving Temporary Assistance for Needy Families (TANF) benefits, or non-TANF survivors who will complete the healthy relationships class to enter services.</p> <p>The SAFE Project may help domestic violence and sexual assault survivors who are having trouble reaching their goals because of problems that include: Living in fear because someone is hurting or threatening them, are overwhelmed by current or past sexual or domestic violence and cannot work, or their intimate partner keeps them from work or training.</p>
<p>Domestic Violence and Sexual Assault Resources 121 College Street Winfield KS</p> <p>204 S. Washington Avenue Wellington KS 67152</p>	<p>620-229-7233 (24 hr hotline)</p> <p>620-440-3700 (24 hotline)</p>		<p>Providing free and confidential services to domestic violence/sexual assault survivors: medical advocacy, court advocacy, education, safety planning, supportive counseling, support groups, children's programming, and outreach/presentations. Spanish speaking advocate available.</p>
<p>DURABLE MEDICAL EQUIPMENT <i>Equipo médico duradero</i></p>			
<p>Kansas Truck Mobility 8846 W Monroe Circle Wichita, KS 67209</p>	<p>316-722-4291 800-365-0217</p>	<p>http://kansastruck.vmiddealers.com</p>	<p>Sales, installation and service for wheelchair and scooter lifts, hand controls and accessible seating for vehicles. Sales, service and rental of wheelchair accessible vans. QAP certified dealer. Works with VA.</p>

Medical Loan Closet of South Central Kansas	620-221-2700	Phone will be answered by First United Methodist Church.	Donations of good condition equipment or medical supplies are accepted. They are loaned out , used, then returned so others can use them. Equipment must be in working condition.
Home Buddy 3510 W. Central Suite #100 Wichita, KS 67203	316-262-8339 866-992-8339	http://www.homebuddy.org	Emergency Responders and monitored medical dispensers for both in home and on the go.
Southwind Res Care 317 Viking Blvd Winfield, KS 67156	620-221-4112		Home care, Residential care, day services
EDUCATION <i>Educación</i>			
ECCELL(Orion Education-Winfield) 113 W 9 th Winfield, KS 67156	620-221-2266 888-296-5146	http://eccell.getmydiploma.org	High school completion program. Virtual state approved program for adults 19 and over.
ECCRC (Eastern Cowley County Resource Center) PO Box 40, 107 S Main Dexter, KS. 67038.			Service list includes: Community Food Bank, Thanksgiving Food boxes, Coats & Winter Clothing, Literacy Programs, Assistance with High School Completion & College entrance (Educational assessments), LIEAP & other benefit assistance, a \$500 College annual scholarship to Cowley College, after-school and summer children's programs, and a Community Garden.
GED Center Cowley Community College 700 Gary, Suite C Winfield, KS 67156	620-442-0430 1-800-539-2222	http://www.cowley.edu/academics/abe/ged.html	GED preparation and testing center. Call for information.
Job Corps	1-800-733-5681	http://jobcorps.gov	Federal education and job training program for at-risk

Numerous locations throughout the U.S.			youth ages 16 through 24. Children can attend with parent. Call for more information.
K-State Research & Extension Cowley County Courthouse 311 E 9 th Winfield, KS 67156	620-221-5450 620-441-4565	http://www.cowley.k-state.edu	Informal and educational programs and resources to help people improve their homes, families, farms, businesses and communities.
Leadership Southwestern Southwestern College 100 College Street Winfield, KS 67156	620-229-6393	http://www.sckans.edu/undergraduate/leadership/	Strives to create positive change in communities through servant leadership. Coordinates a variety of service project for community partners.
Parents as First Teachers USD 465	620-221-5100	http://www.usd465.com/apps/pages/index.jsp?type=d&uREC_ID=274827&pREC_ID=606746	Free program for parents with children prenatal to 5 years old. Provide personal visits, playgroups, screenings, and other resources for enrolled families. No eligibility requirements for parents within USD 465 district.
Winfield School Social Workers USD #465	620-221-5155		Advocates for children and families. Winfield schools only.
EMPLOYMENT ASSISTANCE <i>Asistencia de Empleo</i>			
Arnold Group 1214 Main Street Winfield, KS 67156	620-221-7100 800-559-3888	http://www.the-arnold-group.com	Temporary employment assistance.
Life Style Staffing 1616 Wheat Road Winfield KS 67156	316-281-4464	http://www.lifestylestaffing.com/contact-us	Temporary staffing with Rubbermaid. Call for information.
Mid-Kansas Community	Main office 316-	http://www.mid-capinc.org	Call for information.

Action Program 305 S Summit Arkansas City, KS 67005	755-3000 316-452-1326 or 620-442-1688		Up to \$200 for emergency dental. No preventative dental. Grant funded. Call for list of dental providers.
Cowley Workforce Center 108 E. 12 th Avenue Winfield, KS 67156	620-221-7900	http://workforce-ks.com/contact-us/	Assistance with locating employment
Kansas Work for Success Program - Mental Health Association of South Central Kansas	316-685-1821 Ext. 492 or 513	http://www.mhasck.org/what-we-do/family/wfs.html	Kansas Work for Success Program for Fathers to assist with employment and child support through mentoring, case management, resources, employment, etc.
EYE EXAMS AND GLASSES <i>Examen ocular y Anteojos</i>			
Lions Club International Arkansas City KS 67005	620-442-1790	http://www.lionsclubs.org/	Call Mr. Hays to see what help is available. Lion's Clubs sponsor a program that provides assistance for the purchase of eyeglasses, hearing aids, health-related services, scholarships or educational needs.
Lions Club International Winfield, KS 67156	Check website for information	http://www.lionsclubs.org/	Lion's Clubs sponsor a program that provides assistance for the purchase of eyeglasses, hearing aids, health-related services, scholarships or educational needs.
Salvation Army 1105 N. Main Winfield, KS 67156	620-221-0113 316-680-8787	https://www.facebook.com/southerncowleycountyserviceextension/	Vision USA Program. Call for information and to set up appointment time.
Salvation Army Appointments at Arkansas City Public Library, 120 E 5th, Arkansas City, KS 67005	620-441-0233 316-680-8787	https://www.facebook.com/southerncowleycountyserviceextension/	Vision USA Program. Call for information and to set up appointment time.

FAMILY PLANNING <i>Planificación familiar</i>			
City-Cowley County Health Department 320 E 9 th , Suite B Winfield, KS 67156	(620) 442-3260 ext. 5551 (620) 221-1430 ext. 5551	http://www.cowleycounty.org/health	Call for information.
Family Life Services 305 S Summit Arkansas City, KS 67005	620-442-1688	http://www.flsonline.net	Healthy Beginnings: Prenatal Education classes Counseling; Licensed Adoption Agency; Diapers on emergency basis; Parenting classes; baby clothes; Maternity clothing. Call for information. Free Pregnancy Testing. Breastfeeding information.
FOOD PROGRAMS <i>Programa de Alimentación</i>			
Angels in the Attic 109 S Summit Arkansas City, KS 67005	Case Management 620-446-5272 Store 620-506-5090	https://www.facebook.com/Angels-in-the-Attic-Inc-1485332365105174/	Call for information. Distributes food commodities in Arkansas City.
Cowley County Senior Center 700 Gary, Room B Winfield, KS 67156	620-221-7020		Meals on Wheels – low or reduced cost meals delivered for elderly or disabled. Must be homebound. Delivered Monday through Friday. Cost is \$3.50 per meal.
Arkansas City Senior Center 320 South A Street Arkansas City, KS 67005	620-441-4419	http://www.arkcity.org/Directory.aspx?did=74	Friendship Meals. For home delivery MUST be homebound. 60 or over cost is \$3.00; 59 and under cost is \$4.75.
ECCRC (Eastern Cowley	620-876-7323	http://www.freewebs.com/ec	Service list includes: Community Food Bank, Thanksgiving

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County Resource Center) PO Box 40, 107 S Main Dexter, KS. 67038.		crc/	Food boxes, Coats & Winter Clothing, Literacy Programs, Assistance with High School Completion & College entrance (Educational assessments), LIEAP & other benefit assistance, a \$500 College annual scholarship to Cowley College, after-school and summer children's programs, and a Community Garden.
Kansas Department of Children and Family Services 122 West 19th Winfield, KS 67156	620-221-6400 888-369-4777	www.dcf.ks.gov	Cash Assistance (TANF), Income based child care, Child Support Services, Food Assistance Program , Family Preservation, Vocational Rehabilitation, Prevention and Protection Services for adult and youth.
Joseph's Storehouse 424 N Main Burden, KS 67019	620-438-2497		Serves eastern Cowley area. Call for appointment. 9:00 a.m. to 5: 00 on Monday, Wednesday, Friday. 9:00 to Noon on Saturday.
Manna Ministries First American Baptist Church 220 East Central Arkansas City, KS 67005	620-442-3510 Fax 620-442-2058	http://www.fbcarkcity.com/manna/	Distribution 10:00 to Noon on the last Saturday of each month. Must have picture ID, proof of income and Social Security number for each person in household.
Winfield Community Food Pantry Winfield, KS 67156	620-221-2183		Open Monday – Friday. 8:30 am – 11:00 am
Friendship Meals Cowley County Senior Center 700 Gary Winfield, KS 67156	620-221-2451		Heart healthy diets for seniors 60 and over. Confidential suggested donation. Can deliver to homebound seniors 80 and over.
Meals on Wheels Winfield, KS 67156	620-2210448		Need doctors referral. Delivered in town only. Delivered Monday thru Friday. Cost is \$17.50 per week or \$3.50 per meal.
Kansas Senior Farmers Market	620-442-0268	http://www.kdheks.gov/sfmn	Seniors age 60+ with less than \$1,830 per

<p>Nutrition Program Vouchers and more information from South Central Kansas Area Agency on Aging.</p>		<p>p/</p>	<p>individual/per month can qualify for a \$30 voucher packet (six \$5 vouchers) to be used at local farmers markets to purchase fresh produce (some restrictions apply). Contact local senior centers, friendship meal sites or South Central Kansas Area Agency on Aging for more information, 620-442-0268</p>
<p>FREE MEALS IN ARKANSAS CITY <i>Comidas Gratis en Arkansas City</i></p>			
<p>Calvary Chapel 1001 S 3rd Arkansas City, KS 67005</p>			<p>SUNDAYS – AGAPE FRUITS 5:30 to 7:00 p.m.</p>
<p>Northside Baptist 124 S B Street Arkansas City, KS 67005</p>			<p>MONDAYS – IN HIS NAME 5:30-7:00 p.m.</p>
<p>First Presbyterian Church 321 S 1st Arkansas City, KS 67005</p>			<p>TUESDAYS – FIVE LOAVES 5:00 to 6:30 p.m.</p>
<p>St Paul United Methodist Church 220 E Washington Arkansas City, KS 67005</p>			<p>WEDNESDAYS – S.H.A.R.E. Meals 5:30 to 6:30 p.m.</p>
<p>Shepherd’s Grace Church 1125 S Summit Arkansas City, KS 67005</p>			<p>THURSDAYS – SHEPHERD’S TABLE 5:00 to 6:30 p.m.</p>
<p>FREE MEALS IN WINFIELD <i>Comidas Gratis en Winfield</i></p>			
<p>First Presbyterian Church</p>	<p>620-221-4500</p>		<p>LAST MONDAY - PETER’S PROMISE</p>

1101 Millington Winfield, KS 67156			5:30 to 6:00 p.m. Downstairs in Fellowship Hall. Use the office door by the bell.
First United Methodist Church (across from post office) Winfield, KS 67156	620-221-2700		EVERY TUESDAY - TUESDAY'S TABLE 5:00 to 6:00 p.m. In Fellowship Hall, use East door.
First Christian Church 904 Alexander Winfield KS 67156	620-221-1590		THIRD WEDNESDAY 5:00-6:00 p.m.
Grace United Methodist Church 320 College Street Winfield, KS 67156	620-221-0618		EVERY THURSDAY – FREE THURSDAY CHURCH SUPPERS 3:00 TO 6:30 P.M. In Fellowship Hall, Use South doors.
HEARING AIDS <i>Audifonos</i>			
Hear Now Program 6700 Washington Ave South Eden Prairie, MN 55344	800.328.8602	https://www.starkeyhearingfoundation.org/hear-now	Hear Now is an application-based program that provides hearing help to low-income Americans. Each person we help is fit with new, top-of-the-line digital hearing aids that are customized to their hearing loss.
HOME HEALTH <i>Salud en el hogar</i>			
Angels Care Home Health 908 Main St. Winfield, KS 67156	620-229-2223	http://www.angelscarehealth.com	
William Newton Home Health 1305 E 5 th Ave Winfield, Ks 67156	620-221-2916		
Healthback Home Health	316-687-0340	www.healthback.com	

1133 S Rock Rd #7 Wichita KS 67207	1-800-homecare		
HOSPICE <i>Hospicio</i>			
AseraCare Hospice 112 W Pine El Dorado, KS 67042	316-322-7017 877-234-6692	www.aseracare.com	To learn more about the golden living family of companies, visit 222.goldenliving.com Daron Brown, Provider Relations Manager
Harry Hynes Hospice 109 W 10th St Winfield KS 67156	316-755-5286	www.hynesmemorial.org	End of life care for the terminally ill. Includes: nursing care, home health aides, social workers, bereavement support and pastoral care.
Gentiva Hospice (formerly Hospice Care of Kansas and Harden Hospice Kansas) 917 Main Street Winfield, KS 67156	620-221-3329 866-370-3329	http://www.gentiva.com	Hospice services provide end-of-life care focused on enhancing the quality of life for patients and their families. Our practitioners are experienced, skilled specialists who help meet the unique physical, emotional, spiritual and social needs that occur during the final phases of life-limiting illnesses. Host grief support group, 2 nd Thursday of month – open to anyone. Call for details. Memory care, speciality program (see brochure)
Angels Care Home Health 908 Main St. Winfield, KS 67156	620-229-2223	http://www.angelscarehealth.com	
Heartland Hospice Care 3210 West Kellogg Drive Wichita, KS 67213	1-800-896-5841		
Good Shepherd Hospice 439 N. McLean Blvd. Suite 100 Wichita. KS 67203	1-877-598-2277		

<p>River Cross Hospice 800 N Main St., Suite 203 Winfield, KS 67156 251 S. Whittier St. Wichita , KS 67207</p>	<p>1-316-260-9690</p>		
<p>HOUSING <i>Viviendas/Alojamiento</i></p>			
<p>Baden Hall Apartments 1518 East 8th Winfield, KS 67156</p>	<p>620-229-2221</p>	<p>http://www.metroplainsmanagement.com</p>	<p>Available based on income guidelines. Waiting list. Call for information.</p>
<p>Canterbury Heights 1700 East 7th Winfield, KS 67156</p>	<p>620-221-6610</p>		<p>Available based on income guidelines. Waiting list. Call for information. Elderly or disabled.</p>
<p>Canterbury Village 2300 St James Court Winfield, KS 67156</p>	<p>620-221-4094</p>		<p>Available based on income guidelines. Waiting list. Call for information.</p>
<p>Catholic Charities Support Services for Veteran Families</p>	<p>316-264-7233 x 4122</p>	<p>http://catholicdioceseofwichita.org/what-we-do/family-stabilization/st-anthony-family-shelter/supportive-services-for-veteran-families</p>	<p>Housing for homeless veterans/prevention services</p>
<p>Garden Walk Apartments 619 Skyline Road Arkansas City, KS 67005</p>	<p>620-442-7183</p>		<p>Available based on income guidelines. Waiting list. Call for information.</p>
<p>Habitat for Humanity</p>	<p>620-221-1978</p>		<p>Uses volunteer work to build houses for low income</p>

			families. Work on the house and be able to repay loan, \$250 payments, 1% down.
Mid-Kansas Community Action Program 305 S Summit Arkansas City, KS 67005	Main office 316-755-3000 316-570-1932	www.mid-capinc.org	Call for information.
Mundinger Hall Apartments 1315 East 6 th Winfield, KS 67156	620-221-7312	http://www.metroplainsmanagement.com	Specifically for those on income guidelines, elderly or disabled. Call for information.
Osage Apartments 100 North Summit Arkansas City, KS 67005	620-441-0727	http://www.metroplainsmanagement.com	Specifically for those on income guidelines, elderly or disabled. Call for information.
Project Independence Housing (HUD) 403 Windsor Rd Arkansas City, KS 67005	620-442-8070		Housing for disabled and low-income families. Call for information.
Rehwinkel Senior Housing Apartments 1415 East 6 th Winfield, KS 67156	620-221-2231	http://www.metroplainsmanagement.com	Specifically for those on income guidelines, elderly or disabled. Call for information.
Rockridge Apartments 421 West Bryant Road Arkansas City, KS 67005	620-441-0207		Regular rental.
Salvation Army			
Section 8 Housing 304 South Summit	620-442-6063		Screening for Section 8 availability. For those on income guidelines, elderly or disabled. Call for

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Arkansas City, KS 67005			information.
Silverwood Apartments 2726 East 12 th Ave Winfield, KS 67156	620-229-7946		Available based on income guidelines. Waiting list. Call for information.
Sunflower Apartments 1515 North 9 th Arkansas City, KS 67005	620-442-4613		Available based on income guidelines. Waiting list. Call for information.
Sunflower Apartments 1803 East 19 th Winfield, KS 67156	620-442-4613		Available based on income guidelines. Waiting list. Call for information.
Walnut Towers 1201 Menor Winfield, KS 67156	620-221-7210		Specifically for those on income guidelines, elderly or disabled. Call for information.
West Village Apartments 215 S Blankenship Udall, KS 67146	620-782-9686		Call for information.
Westwood Villa 1319 North 12 th Arkansas City, KS 67005	620-442-1150		Available based on income guidelines. Waiting list. Call for information.
Wheat Ridge Heights Apartment 1224 Wheat Road Winfield, KS 67156	620-221-3655	www.good-sam.com/winfield cpenning@good-sam.com	Available based on income guidelines. Waiting list. Call for information. Elderly – Section 202 PRAC
Windsor Courts 305 East Windsor Road Winfield, KS 67156	620-442-0802		Available based on income guidelines. Call for information.
Catholic Charities Support	264-7233		Housing for homeless veterans/prevention services

Services for Veterans Families	Ext. 4122		
Winfield Housing Authority 1417 Pine Terrace Winfield, KS 67156	620-221-4936	winfieldhousing1417@gmail.com	HUD Housing, Income based. Waiting list....call for information
INSURANCE <i>Seguro Medico</i>			
Health Insurance Marketplace		https://www.healthcare.gov	Online enrollment for health insurance plans.
SHICK – Senior Health Insurance Counseling for Kansas	1-800-860-5260 Fax 316-337-6731	http://www.kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick	Free and confidential: Counseling on Employment; Medicare information; Disability and Medicare information; Supplemental Rate Comparisons via the Kansas Insurance Department website; Help with the Prescription Drug Program
LEGAL SERVICES <i>Servicios jurídicos / Servicio Legales</i>			
Legal Aid Office and Kansas Lawyer Referral Service	1-800-723-6953	http://www.kansaslegalservices.org/node/63/get-help	Free to call, may be a fee for services. Goal is to provide lowest cost legal services possible.
Legal Ministry Winfield, KS 67156			First Tuesday of month at First United Methodist, 5-6 pm, walk-in (first come, first serve)
Legal Ministry Winfield, KS 67156			First Thursday of month at Grace United Methodist, 5-6 pm, walk-in (first come, first serve)
Legal Ministry Winfield, KS 67156			Last Monday of month at Presbyterian Church, 5-6 pm, walk-in (first come, first serve)
Legal Ministry	620-229-8282		Last Thursday of the month , By appointment only,

Winfield, KS 67156			Eagle Nest, Inc., 112 E 9 th Ave, Winfield KS 67156, call 620-229-8282
Kansas Department of Health and Environment Office of Vital Statistics 900 SW Jackson 1 st Floor, Room 151 Topeka, KS 66612-1290	785-286-1400	http://www.kdheks.gov/vital/	Replacement birth and death certificates. Call for details and cost.
MEDICAL <i>Médico</i>			
American Cancer Society 330 S Main Street, Suite 100 Wichita, KS 67202	800-227-2345 (24 hours a day, 7 days a week)	www.cancer.org/	Day-to-Day help, emotional support, advocacy, research, and volunteer opportunities.
Community Health Center in Cowley County, Inc 221 W 8th Winfield KS 67156	620 - 221-3350	www.cowleyhealthcenter.org	Federally Qualified Health Center providing affordable preventative and primary medical healthcare. Income based sliding fee schedule available.
City - Cowley County Health Department (Arkansas City) 115 E Radio Lane Arkansas City, KS 67005	620-442-3260	http://www.cowleycounty.org/health	Immunizations; Health Assessments; Early Detection Program; WIC; vision Program; AIDS testing. Other services available. Call for information.
City - Cowley County Health Department (Winfield) 320 East 9 th , Suite B Winfield, KS 67156	620-221-1430	http://www.cowleycounty.org/health	Immunizations; Health Assessments; Early Detection Program; WIC; vision Program; AIDS testing. Other services available. Call for information.
Thrive Pediatric Services	316-522-0608	www.ehhi.com	Private duty nursing for medically fragile children on State of Kansas waiver program. Skilled nursing visits

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			for private insurance only.
Golden Plains Pharmacy 511 State St Augusta KS 67010	316-775-5210		Personalized medication packaging
HealthCore Clinic 2707 E 21st Street Wichita KS 67214	(316) 691-0249	http://www.healthcoreclinic.org	Federally Qualified Health Center in Wichita that provides primary care, mental health (include anger management classes) and substance abuse counseling. We accept private insurance, all three Medicaid MCO plans and Medicare as well as provide a sliding fee scale based on income and the number of household members for those without insurance. Our medical visits (primary care includes prenatal, pediatric, chronic disease management) include lab costs which make our appointments affordable for community members. We now have two Spanish Speaking Mental Health Counselors. We are open Monday-Saturday and take Walk-ins.
Hunter Health Clinic 2318 East Central Wichita, KS 67214	316-262-2415	http://hunterhealthclinic.org	Direct primary health care which provides medical and dental services. Accepts medical card. Call for more information and to schedule appointments.
MEDICAID	1-800-792-4884		Inquiries on Medicaid. Call for information and application. Eligibility requirements.
MEDICARE	1-800-633-4227		Assists with medical care, prescriptions and other services. Call for information. Must be elderly or disabled.
SHICK – Senior Health Insurance Counseling for Kansas	1-800-860-5260 Fax 316-337-6731	http://www.kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick	Free and confidential: Counseling on Employment; Medicare information; Disability and Medicare information; Supplemental Rate Comparisons via the Kansas Insurance Department website; Help with the Prescription Drug Program

Windsor Place At-Home Care 215 W. 9 th Street Winfield, Kansas 67156	620-221-4440	www.windsorplace.net	We provide HCBS FE / PD / TBI and FMS Services State Wide as well as SCA Services through the ADRC in Arkansas City.
SAFETY <i>Seguridad</i>			
Cowley County Safe Kids Coalition	(620) 221-1430	https://www.facebook.com/Safe-Kids-Cowley-County-804439159589717/?fref=ts	Coalition meets bi-monthly to support safety events. Past projects include bicycle helmet distribution, car seat safety checks, smoke detector distribution.
SENIOR SERVICES <i>Servicios mayores</i>			
Arkansas City Senior Center 320 South A Street Arkansas City, KS 67005	620-441-4419	http://www.arkcity.org/Directory.aspx?did=74	Fellowship, games, monthly dinners. Monthly dances and entertainment.
Cowley County Council on Aging Information and Referral 700 S Gary, Suite C Winfield, KS 67156	Arkansas City Tele: 877-491-3984 Winfield Tele: 620-221-7020	http://www.sckaaa.org/cl.htm	Provide information and referral, advocacy and outreach services to individuals 60 years of age and older. Many other services. Call for information. Also available: Cowley County Resource Directory for Older Adults.
Cowley County Senior Center 700 Gary, Room B Winfield, KS 67156	620-221-2451		Meals on Wheels, low or reduced cost meals delivered to homebound. Various day and night activities; VITA tax site for all low income. Cards, quilting, painting, club meetings and dances. Space available for rent for various activities. Call for information.
Grandparents in Education	316-775-0500	http://www.bucoks.com/inde	Provides local schools and educational agencies with

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Foster Grandparent Program Butler County Dept on Aging 510 E Augusta Augusta, KS 67010	800-279-3655	x.aspx?NID=580	volunteer assistance by placing income qualified retired men and women in classrooms to provide mentoring, tutoring and other services for children.
Home Buddy 3510 W Central, Suite 100 Wichita KS 67203	866-922-8339	www.homebuddy.org	office@homebuddy.org Emergency response system with or without landline, portable options and medication dispensers. Local customer service throughout state. KanCare approved.
Medicalodges Arkansas City 203 E Osage Arkansas City, KS 67005	620-442-9300	www.medicalodges.com	4-star skilled nursing and rehabilitation facility. Accepts most insurances, including Medicare and Medicaid.
Pleasant Valley Skilled Nursing by Americare 613 E Elm, PO Box 40 Sedan, KS 67361	620-725-1353	http://www.americareusa.net/skilled_nursing_facility/Sedan_KS/zip_67361/amicare/1353	80 bed facility, accepts Medicare and Medicaid. Contact Outreach Coordinator for more information.
SHICK – Senior Health Insurance Counseling for Kansas	620-442-0268 800-362-0264	http://www.kdads.ks.gov/commissions/commission-on-aging/medicare-programs/shick	Free and confidential: counseling on employment; Medicare information; Disability and Medicare information; Supplemental rate comparisons; Help with Prescription Drug Program.
SCSEP – Senior Community Service Employment Program 2021 N Amidon Ave., Ste. 1100 Wichita, KS 67203	316-771-6750	http://www.doleta.gov/Seniors/html_docs/AboutSCSEP.cfm	Provides part-time subsidized training for low-income seniors, ages 55 and older.
Sidwell Charitable Trust	620-221-4600		Call morning's only – Low income 50 or over and/or

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Herlocker, Roberts & Peters Attn: Gretchen Herlocker 115 East 9th Winfield, KS 67156			disabled OR Over 60. One time assistance for medical, dental, glasses, mattress, etc. Must be referred by another agency. For WINFIELD residents only.
South Central Kansas Area Agency on Aging 304 South Summit Arkansas City, KS 67005	620-442-0268	http://www.sckaaa.org	To assist older adults, persons with disabilities, their families and caregivers make informed choices about services and support in the community. Information, referral and assistance, case management, Options Counseling, HCBS waiver assessments, CARE assessments, and Medicare and insurance counseling.
STATE OF KANSAS SERVICES <i>Servicios Del Estado de Kansas</i>			
Kansas Department of Children and Family Services 122 West 19th Winfield, KS 67156	620-221-6400 888-369-4777	http://www.dcf.ks.gov	Cash Assistance (TANF), Income based child care, Child Support Services, Food Assistance Program , Family Preservation, Vocational Rehabilitation, Prevention and Protection Services for adult and youth.
Pyxis, Inc. 334 North Topeka Wichita, KS	316-682-8092	http://pyxispath.com	A community-based human services organization offering a variety of services to equip participants with tools they need to live healthy, independent lives.
SACK Substance Abuse Center of Kansas	620-221-6400 Ext. 251	http://www.saack.org	
TAX AND HOMESTEAD ASSISTANCE <i>Asistencia en impuestos y vivienda</i>			
Cowley County Senior Center	620-441-4419		VITA tax site for all low income individuals. Call for

320 South A Street Arkansas City, KS 67005			information and appointment.
State of Kansas Customer Relations Department of Revenue	1-785-368-8222		Homestead information. After dialing the number wait for options, then press 4, next option press 2.
TRANSPORTATION <i>Transportacion</i>			
General Public Transportation Cowley County Council on Aging 700 Gary, Suite C Winfield, KS 67156	620-221-7020 620-442-3330 620-394-2463		Covers Winfield, Arkansas City and Atlanta/Burden areas. In city limits - \$2 per person per ride. Within 2 miles of city limits - \$2.50 per person per ride. Over 2 miles from city limits - \$3 per person per ride. Out of county trips - \$25 one way or round trip. Call for information.
UTILITY ASSISTANCE <i>Asistencia de Utilidad</i>			
Angels in the Attic 109 S Summit Arkansas City, KS 67005	Case Management 620-446-5272 Store 620-506-5090	https://www.facebook.com/Angels-in-the-Attic-Inc-1485332365105174/	Call for information.
Winfield Community Helping Hands Fund Winfield, KS 67156	620-221-2700		WINFIELD ONLY – Emergency assistance on rent, utilities, prescriptions and emergencies. Depends on funds available. Call for information.
LIEAP (Low Income Energy Assistance Program)	800-432-0043		You can apply online or download an application here: http://www.srs.ks.gov/agency/ees/Pages/Energy/EnergyAssistance.aspx
Salvation Army			Services for Cowley County ceased January 2017.

VOLUNTEER AND/OR YOUTH MENTOR PROGRAMS <i>Programa de Mentores Voluntarios y / o Jóvenes</i>			
Arkansas City Public Library	620-442-1280	http://arkcity.scklf.info	
Big Brothers-Big Sisters of Cowley County 103 E. 9 th Suite 316 Winfield, KS 67156	620-221-7766		Mentoring program for children up to 18 years of age.
K-State Research and Extension Cowley County 311 E 9th Winfield KS 67156	620-221-5450 620-441-4565	www.cowley.ksu.edu	Volunteer and mentor programs available for adults and youth. Cowley County 4-H has community clubs in every local community (ages 7-18 with Cloverbud program for ages 5-6)
Winfield Public Library	620-221-4470	www.wpl.org	
WEATHERIZATION <i>Climatología</i>			
SCKED (South Central Kansas Economic Development) 200 W Douglas Suite 710 Wichita, KS 67202	1-800-658-1742		Low income guidelines for weatherization of any home (including rentals.) Will assess home and heating system to determine needs and what work will have to be done. Waiting list. No charge.